

**Chat associated with “Female Sexuality and the Sexual Revolution”
May 29, 2021**

01:06:52 James Strick: Can Conny say which of those antidepressants do not have libido side-effects?

01:09:08 James Strick: Pretty striking differences, country to country! And women so much more than men...

01:11:55 Therese Ray: Some of that I think too is that young girls learn about their sexual identity in terms of self worth and pleasing men sexually rather than learning that their own pleasure is important. There has been much written about this.

01:12:13 Martin Goldberg: Reich differentiated full orgasmic release, full emotional yielding for both men and women, that follows a natural course, than the average sexual experience and common definition of orgasm. Hoping you will elucidate this as this is crucial to the problem of stasis for both men and women.

01:12:52 Therese Ray: Regarding why young women come away feeling unsatisfied and disappointed after initial sexual encounters.

01:14:52 Martin Goldberg: Genitality is not understood generally today as a whole body experience, in the population or large or among health care professionals.

01:15:30 Therese Ray: yes. martin. agreed

01:15:45 richard chilton: Yep. Patriarchy in some ways damages boys more than girls, and this is what we are addressing here.

01:15:54 Therese Ray: Agree that boys are exposed differently and girls are objectified

01:16:03 Therese Ray: exactly!

01:16:05 Stephen Cooper: great way to put it!

01:17:03 James Strick: In other ways, we haven't come so far. A lot more sex doesn't necessarily mean more orgasmic potency. And if not, it all means more disappointment.

01:20:14 Therese Ray: I find in primary care, in my experience, women often feel shame talking about desire for sexual pleasure/sexual experience than some men do on average. Particularly around menopause and life-stage transitions. While some men come to me seeming almost entitled to medication to enhance their erection and maintain their ability for sexual experience, women tend to seem ashamed when hormonal changes make sex uncomfortable and they want to find solutions and admit that they enjoy and want sex for reasons relating to pleasure and connection.

01:21:04 Stephen Cooper: was useful to have learned about that Dutch practice when our daughter was a teen-ager. Gave angst too, but better in the end.

01:21:05 Therese Ray: Agreed Jim!

01:21:57 Therese Ray: I think most recent data shows younger generations are having much less sex than previous.

01:23:12 Therese Ray: I have not had opportunity to read into why this is suspected to be true, but I wonder if part of this is the disappointment of what promiscuity without real connection and love is.

01:23:31 James Strick: In undergrads I teach, I don't hear any kind of decline in hookup culture— except for the (presumably temporary) obstacles of COVID.

01:24:10 Stephen Cooper: Our Bodies Ourselves is no longer required reading for teens.

01:24:53 Therese Ray: There is a rise some of resources online focused around sexual education for women, though I have not had time to read these much to see the quality of these resources

01:24:55 Meredith Sands Keator: it's hard to talk about the quality of orgasm when we are still, as a society, not discussing the 'energetic' ie. bio-electrical component of body to feeling to sensation. Our science is finally beginning to recognize the neural and electrical field to the brain and the heart, but still not addressing the obvious sexual centers that create ALL of life as a genesis to the function of not only the orgasm, but living.

01:25:19 James Strick: Our college should require reading Our Bodies Ourselves for all incoming freshmen!

01:25:33 Stephen Cooper: amen

01:26:16 richard chilton: As I recall the collective publishing "Ourselves" ended printing editions, it was difficult for them to find folks who wanted to continue the collective's purpose in doing so.

01:26:28 Meredith Sands Keator: lack of resources online is why I created the mini-summit that Conny was also speaking at - if any interested:
<https://www.geometryofhealing.com/science-orgasm-and-spirituality>

01:27:29 James Strick: Richard— I hope Our Bodies discontinued isn't because they think "OK, well now everyone knows all that, so it's not needed any more."

01:27:55 Martin Goldberg: Superficiality, and lack of emotional contact, is common in our society, and this would have to show up in sexuality. I think the problem of child rearing in children's psychosexual developmental stages especially, and the ability for young women and

men to yield to natural sexuality, without other characteristic inhibitions and identifications, is very compromised. Clarity about this is essential. Confusion is rampant. It is important to talk to young people plainly and with knowledge. Here, too, Reich showed the way. We have a long way to go.

01:28:10 Marjaleena Repo: Where are young people — and even older ones! — able to learn essential sexual methods and manners which will provide a pleasurable and meaningful sexual experience? I don't think much is available, readily offered, whereas "instruction" via pornography is TOO available, an bound to distort the sexual experiences of both young men and women (and older ones).

01:29:32 Aneesha Dillon: If we can start to bring the quality of meditation and presence to our intimate meetings, we will have much more harmony and love.

01:29:43 Michael Mannion: there is a great deal of practical info in Reich's work to help with many of the topics being brought up. Will you be getting to any of them?

01:29:54 Meredith Sands Keator: agreed Aneesha

01:30:02 James Strick: Reich has a very helpful discussion of those ups and downs in relationships, and ways people negotiate them, in chapter 7 of The Sexual Revolution.

01:31:02 richard chilton: Re: "Ourselves:" The decision was complex, but the decision included that thought, being a pre-internet-originated collective and misreading the 'Net's own redundancy.

01:32:38 Nicholas Montague: We can try and think our way out of our problems but until there is a bodily release of dammed-up orgone, I believe our efforts will be in vain

01:32:45 Aneesha Dillon: We need to teach this sensitivity to love. energy.

01:33:12 Therese Ray: yes. definitely something a man would think of. ha ha

01:34:06 James Strick: I don't recall him having so mechanical a prescription as "reevaluate every 5 years" Look at Chapter 7 in The Sexual Revolution for what he does say on this.

01:35:26 richard chilton: i think this areas of love being the driver is an area where Dr. King's understanding of non-violence and Reich understanding of orgasmic potency as creative energy into the larger world work together.

01:38:23 David Silver: Reich's thoughts about length of relationships were based on biological and energetic issues. He did not neglect the importance of childrearing, rather, drew attention to the conflicts between basic human needs and societal institutions. No easy answers, but he did point out, for example, that in the Trobriand Islands' matriarchal society, fathers were less involved in child rearing, which was left more to the mother's family.

01:38:41 Therese Ray: that's interesting. I hadn't thought of faking orgasm as sort of an attempt to establish a bond. Seems true. Also, though some of what I mentioned above about expectations women are taught early on that their pleasure is not important

01:39:05 Therese Ray: most important that men get pleasure "from" them

01:39:45 Ray Coppola: there is an option to "raise hand" under the reactions icon

01:40:25 Frederic Lowen: Can you discuss the role of neurosis and emotional disturbance on sexuality?...and how it is transmitted down generations?

01:42:27 Philip Bennett: Re: consistent rearing of children vs. the possibility of leaving relationships that have lost their energy... I think Reich assumed initially that children would be best raised in community and early on he thought it best that kids be raised in children's communes. Later, he realized about the importance of attachment. But should a couple remain "for the sake of the children"? In a rational society I think this could be addressed with proper family planning, child-care, etc, etc.

01:42:53 Natalia Plaza: I would like to speak on my recent personal experience regarding this topic

01:44:09 Judyth O. weaver: interesting podcast recently fro Atlantic:Podcast: Female Pleasure in the Age of the Enlightened Male

On an intimate journey for her own sexual pleasure, Katharine Smyth found herself navigating a female-orgasm industrial complex long defined by myths about women's bodies.

01:44:30 Stephen Cooper: young people need to proclaim the movement

01:45:03 Stephen Cooper: and the young need to see this presentation!

01:46:23 Michael Mannion: Reich pointed out that this profound change will take centuries.

01:47:10 Paul Kohn: Question: I know it is whole bodily experience, but what is the primary seat of pleasure: Vaginal or clitoral? How does the energy flow?

01:48:24 Stephen Cooper: it's very interesting to see how Reich was encouraging the left to rally after the ascension of Hitler (in his the preface to his 1933 Massenpsychologie des Faschismus, trans. in Sex-Pol)

01:49:24 ellen costantino: Yes to that-and yet we still do not address early childhood sexual abuse and its affects across generations

01:50:01 Stephen Cooper: body matters

01:50:08 John Wilder: Patriarchy, as opposed to patriarchy, is a social plague supported by many disturbed men and women. There is a healthy version, patriarchy, based on realistic social concerns

01:50:52 Stephen Cooper: where the national task force to eliminate child sex-abuse?

01:51:56 richard chilton: Clitoral, the clitoral inside the vagina is the so-called "g-pot," but it's clitoral-connected, read: "The Myth of the vaginal Orgasm" (circa 1970) by Anne Koerdt (spelling) Anne was stopped in her tracks as a celebrated journalists for the death threats she received for publishing this article.

01:56:14 Paul Altman: To be clear: I'm comfortable with Natalia sharing her personal experience, but do Natalia (or others) realize that this personal info will likely later be posted on Youtube?

02:04:29 Meredith Sands Keator: the men may not be shy to ask about wanting to use Viagra for their erections, but how comfortable are they to consider the emotions underlying the issues - or for society to acknowledge them at all?

02:08:08 Martin Goldberg: To Conny's point on the vulnerability of love and yielding. So true. Loving does not relieve one of living life, its vicissitudes, subtle and stark. The same with therapy, even when fairly complete. The whole point is to get into the swim of life. Hopefully, we get better at handling this as we learn and unlearn, a fuller wisdom and capability emerges.

02:08:18 Philip Bennett: Great discussion. Gotta go. Peace, Philip

02:08:30 James Strick: Can I make a comment at some point about orgasmic potency?

02:11:12 Aneesha Dillon: The trouble is that most people don't even know about 'growth' much less have a desire to know themselves more deeply.

02:13:15 Grier Sellers: I recommend in particular Reich's chapter "The Genital Embrace" in The Murder of Christ.

02:13:42 Martin Goldberg: I think greater clarity would have been helpful at the outset about Reich's fundamental teachings, about its implications for childrearing, psychosexual development, regression, stasis, adolescence. I think it is hard to understand the modern world without this.

02:15:10 Paul Altman: Question: What is the function of the clitoris being located so far north of the vagina, and what impact does that have on orgasmic potency and female sexuality specifically?

02:15:35 Susan Voigt: yes, what James just said...and...in contrast...to what was being talked about earlier where women's orgasmic experience became tied to the man. I feel what is missing is woman's orgasm solely for herself.

02:17:38 John Wilder: A full emotional connection is functional to full sexual surrender to men.

02:18:02 John Wilder: I meant for men

02:18:16 John Wilder: both, really

02:18:17 Meredith Sands Keator: and for women - the emotional connection IS the currency

02:20:00 Martin Goldberg: I suggest that people go read Reich in his interview about Freud. About the place of loving. "It's not just to fuck you see. It's about the loss of your whole spiritual ego." This is the emotional side of the bio economy of the complete surrender in the full, interlocking genital embrace, the entire motion of two bodies that "superimpose" and become one.

02:21:09 Susan Voigt: in terms of potency...women tend to be able to masturbate themselves to better orgasm than sex with partner.

02:23:22 Jacqueline Goss: forgive me if this was addressed earlier, but SO many young people now identifying as "they" or gender-queer. How do they fit into this conversation?

02:23:48 Natalia Plaza: Thank you for your time! I must go! <3

02:24:39 Jacqueline Goss: and non-binary people taking hormones-

02:25:46 Johanna Climenko: The level of disconnection of current media, is not just of young people. It happens with older people of disconnecting. Let us continue this.

02:27:24 Judyth O. weaver: Reich was very much influenced by the work of Elsa Gindler. ...so what does a 'christmas afternoon' feel like? the work of sensory/somatic awareness goes a long way in helping connect with themselves.

02:29:02 Meredith Sands Keator: yes Judyth! thank you.

02:29:31 Ray Coppola: I heartily second that!

02:29:58 Meredith Sands Keator: without sensory awareness, we're still just using the mind, which is so limited.

02:30:46 Judyth O. weaver: i agree soooo much. thank you!

02:30:55 Johanna Climenko: Sadly I need to go to my next meeting, I would love to continue this conversation. Thank you all.

02:31:09 Frederic Lowen: how do you raise hand?

02:31:37 Johanna Climenko: It should be the subject of the next conference.

02:31:41 Patricia Martínez: where si going to be published the vídeo?

02:31:46 Meredith Sands Keator: just have him speak

02:32:08 HECTOR MARTIN FRIAS BARRON: Thank you very much for this conference. It was really interesting.

02:33:03 Meredith Sands Keator: agreed Johanna

02:33:52 Meredith Sands Keator: thanks Fred!

02:34:13 Meredith Sands Keator: thanks to all

02:35:00 Stephen Cooper: big hurray to Renata & Conny for a fantastic discussion!

02:37:46 Aneesha Dillon: Well said Susan!!!

02:38:05 Meredith Sands Keator: yes thanks - so the point Susan

02:38:46 Paul Kohn: There is orgasm and there is orgasm in the genital embrace

02:39:06 Meredith Sands Keator: good point Renata

02:39:11 HECTOR MARTIN FRIAS BARRON: Yes please, we want know more about this theme

02:39:32 Meredith Sands Keator: it's connection to Source

02:39:34 LINDA CALABRO: Thank you for this forum. I would like to add that I Feel that there is a need for authentic thinking and feeling. By this, I mean thinking and articulating your feelings for yourself, not from canned ideas from the media. It takes time to get in touch with your deepest feelings. This complements the development of intimacy and appreciation of oneself and others. Everyone needs to be witnessed for who they are. Of corse it is a two way street, but in a culture which puts "I" first, it is also something to work on so that we appreciate each one for the preciousness of which they are.

02:39:39 Ray Coppola: It's always about transcending the illusion of separateness

02:40:32 Ray Coppola: beautifully said...

02:40:38 Paul Kohn: Amen!

02:41:00 Paul Kohn: Thank you Martin!

02:41:20 Nicholas Montague: Bravo Martin

02:41:24 Steven Bowen: Mutual lumination.

02:41:30 Aneesha Dillon: YES

02:41:42 Johanna Climenko: Sorry to have to leave, till the next time, and hopefully will that be soon!

02:41:50 Stephen Cooper: this the mysterium coniunctionis (“mystery of intercourse/union”), in ancient hermetic and alchemical language

02:41:54 James Strick: The Function of the Orgasm (pp. 98-110 in FSG edition) is also very clear about orgasmic potency.

02:41:59 Meredith Sands Keator: thank you Martin, great expression

02:43:00 LINDA CALABRO: Thanks you, Martin

02:43:13 James Strick: I foresee a future web program on the topic of orgasmic potency. Both Reich’s writings and individuals’ experiences.

02:44:25 LINDA CALABRO: Thank you everyone for your insightful thoughts.

02:45:22 Nicholas Montague: Thank you everyone

02:45:24 Susan Voigt: thank you!

02:45:38 HECTOR MARTIN FRIAS BARRON: I don’t like see Martin doing mansplaining to Susan

02:45:42 Judyth O. weaver: and i recommend it to all my students!

02:46:00 Paul Kohn: Thanks

02:46:03 Carolyn Ricketts: thanks

02:46:07 Susana Scotton: Thanks Conny and Renata ..im from Brasil!!!